#### Free, Monthly, Community Publication

The Romsey Rag.

#### November Edition 1996 No. 135

1000 copies produced each Month at Romsey Primary School as a service to our Country Community, in the Heart of Victoria.

#### THE ROTARY CLUB OF ROMSEY-LANCEFIELD HAS BEEN PROVISIONALLY FORMED!

The Charter President is Mr. Brian Fleming of Lancefield.

President Elect - Craig Jamieson,

Secretary - Anne Nott,

Treasurer - Florence Meyer,

Sergeant at Arms - Mark Shepherdley,

Director Community - Jill Banon,

Director Vocational - Margaret Howatson,

Director Youth - Peter O'Rourke.

Director International - Denis Ness.

The club meets weekly at the Centrevic Motor Inn, Main Road, Lancefield, on Thursdays at 7.00 for

7.30p.m.

Rotary International is a worldwide Community Service organisation whose members are business and professional people. Any enquires from community groups or local professional/business people with a community spirit may be directed to Mr. Brian Fleming on 291 597 or Craig Jamieson at Romsey Pharmacy on 295 353. We are particularly interested in hearing from resident professional/business people who work outside the local area.

Roaming Round Romsey:

Congratulations to **Peter McIntyre** on his inclusion in the Australian Cricket team currently doing battle in India.

Congratulations also to Dean Jones for his batting successes since his return from England -

Welcome back Dean.

Although you could hardly recognise **John Sheehan** sometimes when he wore his hat and handkerchief - mask, as he mowed the grass around the Romsey town ship, you were always sure of a friendly wave. John has recently resigned from this role with the Shire and will be surely missed. It is more than a shame that the number of grounds staff and hence services (that have in the past made us proud of our street scape) have had to be further reduced. Where is it going to end? Possibly Brian Carne will be able to answer that question when he addresses Rotarians on Thursday night! How much lenger do Romsey citizens have to put up with lack of services to our town? The incentive to move to or remain as a resident in Romsey is deminishing. Congratulations to **the Lion's Club** for yet another very successful Community Market. The weather you received was magnificent and the cleanliness of the site after the market is to your credit. Well done!

ROMSEY RAG PUBLISHING

Thankyou to all those advertisers who have got their items in early so that the Rag can be published in plenty of time without rush. We appreciate good typewritten material with approximately half inch margins and clear copy wherever possible.

Items for the Rag should be handed to Margaret Howatson at the Book Exchange before the first Friday in the month. The cut off date for the December Rag is - Thursday, 6th December, 1996. It would be appreciated if material could be given to Margaret or the Romsey Primary School as early as possible

The Editors.

please. Thankyou for your continued support and co-operation.

#### TICKAWARRA FRAMING GALLERY

A reminder that Tickawarra's Christmas Temptations !! Weekend is shaping up nicely with high quality presentations from local artists and a feast of exciting prints, etc. ranging from small and inexpensive to the most exotic! Everyone is welcome to come and inspect the goodies on Saturday and Sunday 9th and 10th November between 10am and 6pm at The Gallery & Workshop, 72 Main Street, Romsey.

#### ROMSEY UNITING CHURCH

Plans are well under way for what we hope will be an enjoyable and successful Fete - to be held in the Church Grounds on Friday, 8th November from 2.30pm - 7.30pm with Devonshire Teas served from 2.30pm followed by a BBQ Tea, with Soup and Breadsticks with Hamburgers and Sausages with Salad from 6pm. The following well-stocked stalls will be featured cakes and home made sweets, plants, produce, Lucky dip, white elephant, crafts and Christmas Decorations. All offers of help will be appreciated and further information can be

obtained from: Roma Clement on 295 225/Jay Brooks 296 163 or David and Sandra Strack on 270 472. Hopefully, we will be blessed with fine weather but we can cope with an indoor BBQ if necessary. Congratulations are extended to Wendy Laing on her recent award of Life Membership of C.W.A. and also to

Marion Spring, Phyllis Mitchell, Daphne Turnbull and Marj Pifferer who received Long-Service Awards for C.W.A. Our prayerful support continues for Rev. Elaine and Ray and also their family together with Elaine's Mother -

Mariery Frager - at Cowra N.S.W.

We also remember Wendy Laing, convalescing after major surgery in Melbourne Private Hospital, Peter Mitchell and his mother Phyllis also have both been undergoing a series of medical tests. Peter Brookes is now recovering from surgery, also Jenny Clampit.

Birthday Wishes to Pet Lewis, Adrian Pegler, Dos Keating, Robyn Smithwick, John and Bruce Clement and

Mark Clement too.

Roma and Robert Clement will celebrate their 39th wedding anniversary on 23rd November and our payer is

that each person will be blessed with future health and happiness.

Weekly Family Worship Services and Sunday School Classes will be continued at 9am each Sunday. Our Advent Workshops for all primary school aged and pre-schoolers will take place each Thursday at the Sunday School Hall commencing on Thursday, November 28th from 3.45pm - 5pm. This program which will be free of any charges, will provide all children with an opportunity to create Christmas Biscuits, sweets, and Christmas Decorations and to share singing Christmas Carols and Songs and to hear Christmas stories with the accent on giving and sharing RATHER than receiving and emphasising the commercial aspect which is advertised so constantly each advent season. Enrolment forms will be available at the Primary School Office or from Sandra Strack on 270470.

#### ROMSEY RED CROSS UNIT

Sincere thanks are extended to all who supported our recent successful Danny Blume Display and Sale of Spring and Summer Fashions at our morning coffee on Thursday, 10th October, in the Uniting Church Hall.

Leeanne Eames and Helen Clement attended the Regional Committee Meeting and Registration Training Day held at the Kyneton Uniting Church Hall on Monday 28th October and this was combined with a pre fire season training up date which was conducted by our Regional Representative Betty McDonnell, and Ann Irving and Ruth Watson from red Cross Headquarters.

Ruth Richter, who is a program co-ordinator for youth and education services from Red Cross headquarters in Southbank, visited 9 schools from within our region on 29th and 30th October to explain the aims and goals of Junior Red Cross Groups in Primary Schools - to encourage the youthful awareness of all young people of the basic Red Cross principles which apply worldwide. These principles are humanity, impartiality, neutrality, independence, voluntary service, unity and universality. She also explained the various ways in which young people can give service to others by caring and sharing - visiting homebound elderly people, creating friendship albums, collecting stamps and holding their own self organised fund raising functions - e.,g. stalls, fancy dress competitions, discos, etc. The International project this year is to raise funds to help benefit the children who are the victims of the Chernobyl Readioactive Explosion which occurred 10 years ago and has affected permanently the lives of so many children. Our final unit meeting for the year will take place on Wednesday, 27th November at 12 mid-day in the "Roseallen" Tea Rooms, Main Street, Romsey and this will also be our end of year celebration.

A selection of Christmas Cards, gifts and diaries will be available Friday afternoon, 8th November, from 1.30-4pm, outside Riteway Supermarket and also Saturday morning, 9th November from 9am - 12 mid-day. with proceeds

assisting Red Cross Funds locally and nationally.

#### ROMSEY SOCIAL TENNIS

Romsey Social Tennis is back on Thursday mornings starting at 9.30am. Members and Non-Members welcome for a friendly hit up! Enquires to Jane Carr on 295 154.

#### ROMSEY CENTRAL SHOPPING CENTRE

The Owners and Tenants of the ROMSEY CENTRAL SHOPPING CENTRE support community organisations and charities and welcome the opportunity to help out where possible. However, in an attempt to stop future confusion regarding the selling of raffle tickets and promotions, we have decided to implement the following procedures as from 1st November, 1996, and ask all organisations to adhere to the following.

- (1) If you are interested in conducting any activities at the Centre, you must phone the Centre Manager, Prowse Real Estate Pty. Ltd., on (03) 9867 6677 to book a day.
- (2) Only one activity will be allowed on any one day.

Thank you for your co-operation.

#### **BOOKINGS ARE ESSENTIAL**

#### ROMSEY JEANS & LEISURE WEAR

112 Main Street, Romsey -Telephone (054) 296 456

#### 15% OFF STOCK SALE

(Excluding Denim Wear)

#### 4th - 16th NOVEMBER

Lay-By now for Christmas!

Cash/Bankcard/ Visa/Mastercard

Now in Stock...

Men's Shirts & Shorts

Ladies Wear Cherry Lane Clothing
Psycho Dog T-Shirts

#### THE END

NOW SHOWING

Keep a sharp lookout!

For you know not when I will come,
At evening, at midnight, early dawn
or late day-break.

Don't let Me find you sleeping...

(Mark 13:35):-Jesus Christ.

#### IS NEAR.

The motion picture you are about to see is fictional. THE PROPHECY IS NOT!

The film is based upon many references in the books of Daniel and Revelation. The following Biblical prophecy from 1 Thessalonians 4:16-17 tells us: "FOR THE LORD HIMSELF SHALL DESCEND FROM HEAVEN WITH A SHOUT, WITH THE VOICE OF THE ARCHANGEL, AND THE DEAD IN CHRIST SHALL RISE FIRST THEN WE WHICH ARE ALIVE AND REMAIN SHALL BE CAUGHT UP TOGETHER WITH THEM IN THE CLOUDS TO MEET THE LORD IN THE AIR..."

You will find these series of films thought provoking and entertaining.

WHERE- 109 Main St. Romsey, next to the video shop, upstairs.

WHEN- NOV. 4-7; 11-14; 18-21; 25-28.

TIME- 7 PM Each Evening.

FREE TRANSPORT AVAILABLE.

ENOUIRES- 296 327 or 296 514.

### Romsey Gardenworld

The Plant Professionals: 51 Main Street, ROMSEY.

#### NOVEMBER IN THE GARDEN:

The weather is warming, so its time to get mulching.

Pea Straw is available - \$6/Bale.

Pea Straw and Lucerne Hay are available compressed and packaged. Each bag covers 10-14 Sq. Metres. \$5.10 each.

Ezi Mulch - 30 Lt. - \$14 - 75 Lt. - \$29 Black Gold Compost - \$5.95.

Plant or sow Carrots, Cabbage, Capsicum, Cucumber, Lettuce, Radish, Silverbeet, Sweetcorn, Peas, Broccoli, Tomatoes, Beans, Celery, Beetroot and Cauliflower.

Huge range of Herbs can be grown now, Oregano, marjoram, Basil, Thymme, Parsley, Mint, Sage, etc. Strawberry Plants can also be planted now.

Debco have an excellent product on the market - its called 'Pot Mate'. It significantly improves the performance of budget and recycled mixes. It contains Saturaid, Water Storing Granules - Green Jacket (slow release fertiliser) and micro nutrients with iron. You simply mix with the potting mix as you plant.

Keep up the spray routine for blackspot and aphids on roses. You can purchase a product that will do both in one action. Its called **Defender Rose Blackspot and Insect Spray**.

Available in 750ml ready to use stray for \$7.10. or 200ml concentrate for \$6.90.

Potted Christmas Trees are available now - Order your Christmas Gifts now so you avoid missing out. Lay-Bys are most welcome. Also available are Gift Vouchers>

Those who are keen to learn the art of Bonsai - we are holding demonstrations on Saturday, 16th November between the hours of 10am and 3pm. Inquires to 296 464.

Open 7 days a week: 9am - 5pm : Phone: 054 296 464.

#### ROMSEY & LANCEFIELD CHRISTIAN FELLOWSHIP

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As a fellowship of God's people, we love to sing and praise the Lord. We know that no matter what circumstances we face in life, we can say that "God is good, all the time".

God is good, all the time
He put a song of praise
In this heart of mine,
God is good, all the time
Through the darkest night
His light will shine,
God is good, God is good,
All the time.
(Paul Overstreet)

We are a bible believing and spirit filled church, providing a comprehensive ministry, including youth, children and bible college. We invite you to our weekly Sunday morning services which are held at 10:00am in the Romsey Mechanics Hall.

We invite your enquiry to Geoff Holland (minister) on 295673, or Graham Mau on 291488.

#### ROMSEY CRICKET CLUB

The Cricket season is well under way and with the fourth round currently in progress, there are promising signs for the Romsey Cricket Club. After a wash out in Round 1, early wins have been scored by both the B and D grade sides with the A Grade side being unlucky not to have one on the board.

After the recent appointment of Bob Rice to the coaching position, there looks to be good times ahead. Bob comes to us after a coaching stint with North Melbourne at district level and we hope that his stay with us is one that is both enjoyable and successful.

The A Grade side travelled to Sunbury for the first game and was just unable to bring home the points after a tight struggle which saw Sunbury get up by 17 runs. Better performances came from Brad Eames with 28 runs and Mal Mottram who was in vintage form with the bat and ball making over thirty runs and claiming two wickets. In B Grade, a young Romsey side struggled to come to terms with the more experienced Sunbury and went down by over 100 runs with the bulk of Romsey's runs coming from Tim Rogers with 66 n.o. D Grade pushed Gisborne before going down in another tight match. Performance of the day came from the new D Grade captain, Stuart Turnham who claimed five wickets including a hat trick.

Round two against Diggers Rest was disappointing for A Grade who, although scoring at a rate of 5.5 runs per over were unable to get the points. Mal Mottram was again in form with the bat scoring a fifty and he well supported by Ashley Tonks and Brad Eames who scored thirties. Tim Easton managed two wickets with the ball. B Grade managed their first win of the season defeating Diggers Rest. Tim McCarthy was the pick of the batsmen compiling a patient 43 and he was backed up by 14 year old Brent Rice who showed good touch in making 34n.o. D Grade managed to defeat last years premiers Sunbury United thanks to Adrian and Matty Cox who only allowed 9 runs off their 8 over spells. The batting was also dominated by Matty Cox who blasted a quick forty to get them over the line with plenty of overs to spare.

The current round sees A and B Grade well placed against Gisborne with D Grade already claiming the points after a forfeit by Royales. Romsey A Grade managed 8 for 215 on the slow Gisborne ground courtesy of a fine 71 from big hitter Tim Easton. Good support came from Brad Eames with another thirty and Tim Rogers who in his first game made a steady 27. Lee Rice in his first game as opener played confidently before being dismissed for 28 but showed promise for future games. Romsey B Grade worked hard to end up being bowled out for 237. Veteran, Paul Jones led the way with a magnificent 112 n.o. in an innings that was enjoyed greatly by those at the ground. Colin McCarten played well for 41 as did Peter Day who made a whirlwind 26.

With both sides in a strong position and all junior sides recording early wins, the club is well on track towards having a good season. We would still like to hear from any one that is interested in playing and we are always keen to see locals down at the ground to support the club each Saturday.

# Romsey Recreation Centre

Park Lane (P.O. Box 162) Manager: Tom Boric

Romsey 3434.

Phone: (054) 295637

FAR NO: (854) 283 599 Mobile: 841 8356 488

### GYM NEWS

Hours: 9.30am-12noon - Monday to Saturday 5.30pm-9.30pm - Monday to Thursday

Circuit Classes: 9.30am Monday, Tuesday, Wednesday, Thursday & Saturday

7pm Monday, Tuesday & Wednesday

8pm Thursday

[N.B. Creche not available on Public Holidays or during School Holidays] Childminding Available on Monday, Wednesday & Thursday

# This Month's Special " TONE UP FOR SUMMER "

· Gym & Circuit Membership - 1 Month for \$50

· Casual Circuit Classes - Now only \$5.00 !

Low Impact Class. Thursdays at 7pm. Fully Qualified Instructors. Cost. \$5.00 (Students \$3.50)

## SQUASH

Casual squash bookings available - \$10.00 per hour . For bookings contact the Centre. Pennant Squash Competition is held on Tuesday & Wednesday evenings. Enquiries please phone Tom on 295637 or 018 356400.

## TAEKWONDO

Mondays 6.30pm-8pm. Fun & Fitness for all ages. Enquiries phone Dave on 291 791.

[N.B. Training is not held during school holidays.] JUNIOR BASKETBALL TRAINING
Basketball Training is held on Saturdays at 1.30pm until 2.30pm. Cost: \$1.00 per head.

# SENIOR MIXED NETBALL

Ladder as at 22/10/96. 1. Bonecrushers

2. Legends 3. Oasis

4. Switchblades Backhoes

Sugarbabies 6. Fill-Ins

S.O.S.

9 Vital Force

PENNANT SQUASH

Ladder as at 22/10/96. 1. Hesket

Springfield

Bolinda

4. Cherokee Romsey

Monegeeta 6. Lancefield

Kerrie

LADIES NIGHT NETBALL Ladder as at 22/10/96:

DATHME LADIES NEIBALL

Ladder as at 22/10/96:

2. Purple

5. White

4. Black 3. Pink

Shooters 2. Tigers

4. Redbacks

3. Jets

5. Courageous 6. Mixtures

7. No Idea 8. Rockets

SENIOR BASKETBALL
Current Ladder:-

Riteway Sonics

1 Chargers

4. Redbacks

3. Saints 5. V.B.'s 7. Angels

6. Giants 8. Pacers

DAYTIME LADIES BASKETBALL Current Ladder:

1. White

2. Blue 3. Green 4. Pink

5. Yellow Red

# JUNIOR MIXED BASKETBALL

Current Ladder - U16's 1. Supercats 2. 14's Squad 3. Lakers 4. Bulls
Current Ladder - U14's 1. Tigers 2. Braves 3. Rockets 4. Spectres
Current Ladder - U11's 1. Wildcats 2. Falcons 3. Hawks 4. Rollers

# JUNIOR MIXED NETBALL

solutions I adder - Juniors	Current Ladder - Inters	Ladder - Seniors
Dolloe	1 Snowflakes	1. Kit Kats
Tollos	2 Turkish Delights	<ol><li>Cherry Ripes</li></ol>
Millor Mayo	3 Time Outs	<ol><li>Crunchies</li></ol>
Milky ways  Violet Crumbles	4. Mars	4. Snickers
5. Picnics		

# DAYTIME LADIES VOLLEYBALL

Current Ladder as at 22/10/96.

2. Purple

4. Pink

5. Green 6. Black

REGISTER NOW FOR NEXT SEASON! NEW SEASONS FOR ALL SPORTS START LATE JANUARY - EARLY FOR FURTHER INFORMATION PHONE THE CENTRE ON 054 FEBRUARY 1997.

#### ROMSEY & DISTRICT ROSTERED PLAYGROUP INC.

Open Day - Tuesday, November, 26th 9.30 - 11.30 A.M.

All interested families are welcome to attend our "Open Day" at the Romsey Mechanics Institute enter through side door.

Join in the children's activities and see how our programme operates.

#### ANNUAL GENERAL MEETING

Wednesday, December 4th, 1996, at 7.30p.m. to be held in the Romsey Mechanics Institute.
Enrolments for 1997 will be taken:
Children must be 3 years of age by April 30th, 1997.
A \$10 booking fee will be required.
Enquires: Ruth Leaney on 295 120 or
Bev Beaumont on 296 189.

#### **BOILERHOUSE THEATRE COMPANY**

Presents by arrangement with Warner-Chappell the Australasian Premier of the Stage Musical WIND IN THE WILLOWS

at the Memorial Hall, Stawell Street Sunbury on Saturday 23 November, 8pm, Sunday, 24 November 2pm, 28, 29, 30 November 8pm, 1st, 5th, 6th, December 8pm, 7th December at 2pm. and 8pm. Tickets and Information from Christine Rigby on 03) 9744 7375.

#### **ROMSEY FISHING CLUB**

Annual Shopping Tour to be held on Saturday, 23rd November -

Departs Romsey at 7.45am - Returns to Lions Park at 7.00pm. \$36 per head -

Includes gourmet lunch, afternoon tea and great prizes raffled on the day.

To Book please ring Belinda Carra on 296 139.

#### DEEP CREEK LANDCARE

Annual General Meeting to be held on Monday, 11th November, 1996 at 8.00p.m. at the Lancefield Mechanics Institute - Visitors Welcome.... Contact David Blicblau on 295 880.

#### ROMSEY/LANCEFIELD SENIOR CITIZENS

Senior Citizens meet Mondays and Wednesdays from 10.30am to 3.00pm for carpet bowls, cards and companionship. All residents 50 and over will be made most welcome! Come and join us and have a bit of fun!! Contact - Marg on 296 377 or Bernice on 295 529.

RELIABLE LADY willing to do house cleaning or ironing - \$10 per hour. Ph. 296 703.

#### FOR SALE

Simpson Upright Electric oven with 4 Hotplates - Fully Automatic - Self Cleaning - \$80 Phone 296 367.

Childs Bike Seat and Helmet - \$50 the lot. Pec/Pereco Pram/Stroller - suit newborn to toddler, reversible handle, navy blue, excellent condition \$160 - Phone 295 554 or Mobile 017 966 787.

Westinghouse 390 Litre Upright Freezer - Silhouette Model - \$700 - as new condition. Queen Size 4 Piece Teak Bedroom Suite comprising a bedhead, 2 side cabinets, large dressing table with mirror - \$300. Please phone Pam on 292 081.

Childcare Pram - Grey colour 3 reclining positions, Lambskin and Winter cover - suit newborn to preschooler. \$95. Ono Excellent condition -Lynda 295 937.

Dining Setting 7 piece - Round Walnut Colonial \$250.

Dressing Table - large drawers \$40.

Akai Stereo Modular with CD \$160.

Phone: 295 738

#### MOVIELAND 1ST BIRTHDAY RAFFLE WINNERS

\$150 Travel Voucher - Graeme Barker
Magic Back Pack & Goodies - Diana Ellis
Far From Home Back Pack & Goodies - Ann Solyom
Nine Months Carry Bag & Goodies - Steve Kindred
3 Disney Collector Prints -

Megan Mitchell, Mary Craczyk, Royce Light.



#### Line Dancing for 1996

Romsey Mechanics Hall Main Street, Romsey Normal Classes

Monday

Beginners/Intermediates 7.00-7.45pm. \$2. Per class Advanced 8.00 - 10.00pm. \$5.00 per class (if attending both - \$5.00)

Tuesday

Basic Beginners

7.00 - 8.30pm. \$4.00 per class

Buddhist Spring Festival & Exhibition of Tibet
Saturday 9th and Sunday 10th November, 1996
10am - 5pm. Tibetan Buddhist Society,
1425 Mickleham Road, Yuroke. 3063. Tel: 03 9333 1770
Entrance per day \$10. Concession & children \$5.

#### Romsey Primary School News November 1996

Welcome: We are pleased that the expertise Mrs Fiona Rankin brings to the position of School Support Officer at a number of other schools is now being used at Romsey every Thursday. The number of clerical duties and responsibilities being expected of schools continues to increase and we are very pleased that Fiona's bright personality and skills will be of great assistance to all who visit the school on Thursdays.

For Sale: Tenders in excess of \$2200 are invited for the school's recently serviced Murray 12/38" Rideon mower. Inspection queries may be directed to the principal. Tenders close November 15th.

Working Bee: This Saturday morning the School Council Grounds committee are holding a working bee at the school, primarily to spread the 22 cubic metres of pine mulch under the playground equipment. The mountain of mulch will be at school on Friday morning and so we can get an early start this Saturday the 9th November. In order to thank the participants and to make this an even more social occasion, the School Council are providing refreshments and a free sausage sizzle at noon.

Our special thanks to the fathers who were also members of the CFA for their assistance in the development of our newest adventure playground. This not only provided a much appreciated facility for the children's first day at school this term but also saved on installation expenses enabling the school council to provide the CFA with a good donation.

We were very proud of the successes achieve by our athletes last month. The school was represented at the Bendigo Regional Athletics competitions by three relay teams, and individuals in the shot put and discuss. These children had won the right to represent the district following the Cobaw Athletics competitions held at Coburg. We were also very pleased with the positive comments arising from parents and teachers of other schools, as to the behaviour, dress and sportmanship of our pupils who competed in the interschool matches at Kyneton.

Our year 5/6 students are off this week to Warrnambool for their **annual camp**. The children, accompanied by eight adults will have the opportunity of exploring "The Ship Wreck Coast" at first hand. This theme has been integrated into their studies for several months. We wish them well and trust the memories will last them for many years.

No Hat No Play Following requests from the Parents club, a joint questionnaire was distributed to all 265 families. Of the 113 responses there were 35 which also bore comments which are to be evaluated by the School Council. As a sunsmart school which provides suncream to every child and actively supports the anticancer message the staff see it as very important that this message gets through to children and that adults and children are encouraged to "Slip Slop Slap" and wear sun protective clothing. We do wish to encourage parents to actively reinforce this message at home.

Assessment and Reporting is a vital element of the responsibilities of staff. This year parents will be receiving a totally new report form which describes the

progress of the children, summarises the program that has been followed in order to accomplish the learning outcomes of the Curriculum and Standards Frameworks as well as clearly indicating to parents the progress in graphical form, of the child in relation to these statewide standards. To enable parents to be better prepared to understand and interpret the new format, another parent workshop will be conducted this month and detailed explanation is available in each report form. We are looking for feedback on this form of written report and although time will be short between Dec and the last day of school, comments are invited. I would like to thank Mrs Gibbs, the staff and the parents who have assisted in the involvement in the extensive review and the redraft of these reports this year. Interviews, held at the request of parents or teachers will be able to be held in the last week of term.

Book Bazaar success: Thanks to the initiative, organisation and extra time put in by our Librarian Mrs Kath Jekabsons, another very successful Book Bazaar was held last week. This event offered the opportunity to parents to stock up on Christmas presents at very considerable savings as well as assisting the development of our own book stock. Thankyou to all who participated.

Parking complaints have been received from our neighbours in White Ave. Motorists have been previously warned regarding the habit of parking close to the pedestrian gateway in White Ave or parking on nature strips in that area. Please use the parking areas in Station Street or the little used parking facility in the access road outside the Kindergarten. Parking officers will be making regular checks regarding these issues.

Thankyou: Mrs Maria Pitts who is our very own "Lolly Pop Lady" is an extremely patient, reliable school crossing supervisor but she would like to reinforce the fact that the lowered speed limit (40km) in Main St is being enforced by Police. School Crossing flags are removed and the speed limiting signs changed when Mrs Pitts is not on duty. When the flags are not displayed, such as at weekends, motorists do not have to stop at the crossing for pedestrians. We would ask parents to stress this with their children and if the crossing area is used at these times to take extra care. - Thankyou Mrs Pitts for your work each day. Your work and your smile are very much appreciated.

Parents of new pupils 1997 - Information session. The final opportunity for parents to have questions answered or to tour the school will be at 2.35pm on the first Tuesday of Dec - the 3rd. Members of the Parents Club will be present for extend our welcome, invite you to join their meetings and to purchase school uniform. Class lists for the Prep area will be available and you will be able to discuss issues with staff. If you have any queries regarding the programs conducted at our school please do not hesitate to call me at any time. Please note that as with all 054 telephone numbers there is a change as from 11/11/96 Our new phone number will become 54295099 only this number directs all incoming calls to a separate line.

7revor 7uruham - Principal

#### S.R.J.

- \* Garden Maintenance
  - \* Garden Up keep
  - \* Rubbish Removal
  - \* Window Cleaning
- \* Tree reduction/removal
  - ---CHEAP RATES ---
  - \* Sean 054 296 264
  - \* John 054 296 737

LOST: Black Fleck Jumper with Green Cuffs and Band - Substantial Reward.
Please ring 237 304.

**FOR RENT:** 3 Bedroom BV on 1/2 acre - walking distance to town and school. \$130/week - available after 7/11/96 - Phone 295 603.

Haberdashery / Australian Souvenirs Romsey-Lancefield Christmas Cards Now All At Romsey Book Exchange Open 7 Days Lay-By For Christmas.

### BOLINDA PRIMARY SCHOOL NEWS

We were all very pleased to hear that our school has been awarded an <u>Achievement Award in the State Garden Competition for schools of under 100 students.</u> Our Region extends from Clarkefield, right through to Mildura!! So it certainly includes many schools. We all feel very proud to gain this recognition for our lovely grounds, and thanks are due to all children and parents who have helped in our grounds development. We have been invited to Melbourne in December for the Awards to be presented by the Minister of Education.

We had a wonderful visit during <u>National Stamp Week</u>, from <u>Mrs. Beryl Cole from</u> the <u>Romsey Post Office</u>. The children were all encouraged and enthusiastic about stamps and stamp collecting. You can also see some of our stamp posters on display at the Post Office.

We were also very pleased to welcome Mr. Ray Sonagon from the Bolinda-Monageetta C.F.A. during National Fire Awareness Week. The experiment, posters and information, along with the tanker and all getting a turn at the fire hose, made the session both enjoyable and educational.

We were delighted to meet Mrs. Ruth Richter, the Education Co-ordinator from Melbourne Red Cross, and Mrs. Helen Clement from Romsey Red Cross (and a Bolinda ex-student), who spoke to us about the work of Red Cross, both locally and worldwide. The children have been encouraged to form a Junior Red Cross club and to participate in various activities.

The children were very excited when <u>ex-student Peter McIntyre</u> represented Australia in his second cricket Test Match in India recently. We sent Peter a special fax of congratulations.

It is with great sadness that we must inform you of the passing of our grey hen <u>Gracie</u>. We conducted a graveside service with all children participating. On a happier note, Henny, Penny and Sparkles are all now. 'doing a what comes naturally.'

The <u>Junior Room</u> children have just completed a fine upstanding and very 'lifelike' scarecrow for the vegie garden. We have also harvested a fine crop of broccoli, spring onions and lettuce which gives us great encouragement for future crops.

We are having our <u>Orientation Days for next years Prep. children on</u> Friday 15th of November and Wednesday 4th of December. Please ring the school if you require further information.

#### HEART HEALTH JUNIOR GOLF CLINIC.

Sunday 20th Oct saw 36 young golfers chipping, putting, driving and generally have a good golfing time at the Romsey Golf Club. The day was organised by Leila Beasley and sponsored by Victorian Health Promotion Foundation.

As well as her many club helpers Mrs Beasley was supported by Dalhousie Junior Organiser Margaret Dennett and visiting Seymour Professional Bryan Wearne. During the morning the enthusiastic young golfers rotated around a number of activities to learn more about the game of golf and to improve their knowledge and technique in a practical sense.

Following the physical part of the day the children were invited to a bar-b-que lunch and some written activities of a golfing theme were undertaken.

In recognition of their wonderful efforts on the day all participants received a gift from Heart Health Victoria with some special efforts on the day being awarded with extra prizes. Local businesses also donated products to make the day an overwhelming success. The notice in the Romsey Rag wa

In order to maintain the enthusiasm of the youngsters the club will be conducting a junior competition after school on Tuesdays during daylight savings months. If you would like to join in, even if you didn't come to our clinic, meet at the clubhouse at about 4.00 pm.

Special Awards for the day were as follows;

Golf Competition; 1st

Carl Vander Vliet.

Runner-up;

Luke Hansford.

Putting; Chipping; Richie Barclay Joseph Fewster

Good Golfer;

Michael Blicblau

Golf Swing:

Sarah Urban

Puzzles;

Word Find - Erica Carlisle & Kimberley Briggs

Crossword - Darcy Porter & Stephen Harder

#### WOMEN'S GOLF - ROMSEY.

Weekly results for the month of October.

9/10/96 Stroke and Putting.

1st. Shirley Shelton. 2nd. Leila Beasley.

3rd. Margaret Crump.

16/10/96 Stroke and Putting.

1st.Darlene Baker. 2nd.Shirley Shelton.

ley Shelton. 3rd. Mary Campbell.

Shirley won the medal of medalists.

( Darlene won one Debbie K.!!!!!!!)

23/10/96 Stableford.

1st.Margaret Crump. 2nd.Shirley Shelton .

3rd. Leila Beasley.

30/10/96 Stroke and Putting.

1st.Darlene Baker. 2nd. Mary Campbell.

3rd. Margaret Crump.

#### TWILIGHT GOLF

With the arrival of daylight savings we have begun our Twilight Golf competition. We met every Thursday night between 5-5.30pm in the Romsey Golf Club, we would love to see as many people as possible at these evenings so why not come along. It is a great social night, you don't have to be a member and who knows you might even win a frozen chook!! Cost is \$2. SEE YOU THERE!!!!!

#### Sponsors/ Presentation Day

The combined Sponsors and Presentation day is being held on 10/11/96 with assembly time at 1pm for a round of 12 holes, this will be followed by a B.B.Q. tea. Please make a date in your diary now and could all members bring a plate af cakes/slices.

juniors are reminded that there is a junior comp. after school on Tuesdays so come along if you are interested. Cost is \$1.

#### DO YOU BELIEVE IN GOD?

#### WELL SATAN CERTAINLY DOES!

As a matter of fact, Satan acknowledges that GOD is greater than he is !!!

#### Here's something to think about:

Many people today call themselves Christians because they also believe in God and accept who HE is.

Do you notice the disturbing similarity here?

#### So what's the difference between Satan and a 'Christian'?

- . Going to church every Sunday?
- . Simply believing in or respecting GOD and praying when ever we can?
- . Living a 'good' life?
- . Doing the right thing all the time?
- . Living by the 10 commandments?

No..... Many people believe that sticking to those 'rules' makes them a Christian and thereby enables them to claim all that God's kingdom has to offer. Sadly, that is not the case, as we would have to stick to them without <a href="ever">ever</a> breaking them. However, since none of us is perfect, we would fail (sin) at some time. No one would <a href="ever">ever</a> 'qualify' if that's what it took.

#### Then what's the "SECRET"?

It's simple really.....

#### We need to DEVELOP A LOVE FOR GOD.

Only then can we truly develop our lives to the full potential that GOD intended.

#### And that's what your local Church is there for.

To **help** you develop a strong loving relationship with GOD and his Son (our saviour) JESUS CHRIST. We all need help to set this relationship firmly in our hearts. It is <u>not</u> automatic (nor is our salvation). It requires a conscious effort on our part **and** a helping hand from someone who loves God to set us on the right path. We pray that's happening in your life today.

We would like to take this opportunity to wish you GOD's blessings and prosperity.

A message from the Romsey AOG Church.

Top floor 109a Main Rd. Romsey. Pastor: Marilyn Hunter. Office..054 296 327. Home...054 295 381

The Romsey "Living Word" Church holds Sunday morning services each week at 10:00 am upstairs at 109 Main Rd. Romsey and a monthly evening service at 6:30 pm. Our Woodend Church holds Sunday services at 10:00 am in the Neighbourhood Centre in Tylden Rd. Contact there is Pastors Sean & Rachel Greenwood on 054 296 264

Prepared by: Romsey Medical Centre 99 Main Street Romsey 3434 (054) 295 254 Riddells Creek Medical Centre 5 Station Street Riddells Creek 3431 (054) 287 011

#### EATING DISORDERS

In contemporary society there is an increasing concern, especially among young women, to maintain slender figures. This concern has been associated with a rapid growth in gymnasia, weight control programs and fad diets as well as a boom in the health food industry. Many young people do not realise that behaviours such as restrained eating and increased physical activity, which are encouraged by the health promotion agencies as being of importance in maintaining healthy lifestyle, can become so exaggerated as actually to pose a risk to health. Some people react to the many pressures concerning diet and exercise in These are the people who maladaptive ways. develop dieting disorders such as anorexia and bulimia nervosa.

Anorexia nervosa is a medical condition as much as it is psychological and can have serious medical side effects.

There are two types of anorexic behaviour although the same person may use both at different times. The restricting type involves starvation by dieting and fasting. The other is the bingeing/purging type because as well as restricting food intake, there are episodes of out-of control eating and purging-usually by vomiting or using laxatives. Both these types usually include compulsive, excessive exercising.

Bulimia is a lot more common than anorexia but because it is a lot harder to identify it is difficult to estimate how many people it affects. Whereas anorexics often become too thin to be able to hide their problem from those who see them regularly, most bulimia sufferers have a normal body size and weight.

Most bulimia sufferers become locked into a vicious cycle of bingeing and purging. A binge can involve rapid and frenzied gorging of huge amounts of food, or eating smaller amounts of food you think you should not have. What makes it a binge is the feeling of not being in control. Bingeing may lead to a desperate attempt to get rid of the food and prevent putting on weight by purging or the use of laxatives.

Compulsive overeating has a lot in common with bulimia, but with this eating disorder, sufferers do not try to get rid of it afterwards. Large amounts of food can be consumed throughout each day and most compulsive over-eaters are overweight, many obese

Why do people become compulsive about their eating? It reflects a particular kind of relationship with food. Food can become a substitute for other sources of pleasure and ways of valuing ourselves that may be lacking in the compulsive over-eater's life. It can become an attempt to keep your attention from painful experiences, thoughts or feelings you are unwilling or unable to face.

Compulsion is about control-desperately wanting to be in control but feeling that you lack control. This can be a lack of control over your eating, your body, your behaviour, your emotions, your relationships, the things you fear.

Recovery from eating disorders usually takes quite some time and will require solid support from family and friends. The methods used to help sufferers will depend greatly on the severity of the disorder and individual circumstances. If you have any concerns about eating disorders, please feel free to discuss this with your doctor.

For more information regarding eating disorders, you are welcome to borrow literature from our library. Please contact our nursing staff for enquiries. Booklets on many medical issues are available.



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Wednesday: 10am. Service Christ Church, Lancefield Friday Evening: 7pm Eucharist at St. Paul's, Romsey.

Confirmations: Jo Matthews; James Cummins; Sean Crowder were confirmed in their faith by Bishop Andrew St. John, 19th October, 1996. And Val Green and Mervyn Devonshire were received into communicant membership of the Anglican Church.

125th Anniversary of St.Paul's Romsey: Visit by the Archbishop of Melbourne, Rt. Rev. Keith Rayner, to preach and celebrate at a service of Holy Communion (10am on Sunday 24th November) to commemorate 125 years of ministry from St.Paul's. Visitors and friends are welcome.

Visitors, explorers, newcomers are always made welcome at any of our services. You may just turn up or phone and let us know before hand. Please feel free to ring anytime for any pastoral or religious concerns.

Vicar: The Rev'd. Paul Wood BTh., 33 Chauncey Street, Lancefield, Victoria, 3435. Phone 054 291 380.

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Items for the Rag should be handed to Margaret Howatson at the Book Exchange before the first The cut off date for the Friday in the month. Romsey Rag is - Thursday, 31st October October, 1996. It would be appreciated if material could be given to Margaret or the Romsey Primary School as early as possible please. Thankyou for your continued support and co-operation.

The Editors.

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Fr. George O'Connor (Presbytery): 292130; Sr. Patricia (School): 291359; Sr. Frances (Convent): 291582.

Mass times: Sat. 7.30pm Lancefield

Sun.	for each month	1st & 3rd Sundays	2nd & 4th (& 5th) Sundays
	8.00am	Lancefield	Romsey
	10.00am	Romsey	Lancefield

Daily Masses: as advertised in weekly bulletin

Reconciliation: (Confession): 11.00 A.M.Saturday. or by arrangement.

Praver life:

Rosary recited before weekday Masses and before Sat. night Mass.

\* 'Holy Name of Jesus' Prayer Group: Mon. 8pm Romsey Church. Contact: Merle De Silva 295 672. \*Christian Meditation (Silent Prayer) Meetings...Thursdays 8 - 9pm, Romsey. Phone Stephen 295 907

Special events | programs:

\*DROP - IN CENTRE Every first Thursday of the month 14th November coffee morning/afternoons will be held at St. Mary's Church Hall, Romsey. 10. 30 am start. The St. Vincent De Paul Conference of Lancefield / Romsey will offer a table of goods for sale, card games, etc. Come and have a browse and chat, you will be most welcome.

\* RELECTION DAY With Sister Lynette Young Tuesday 12th November 10am - 2.30pm Convent, 20 Chauncey St Sister Lynette has been given the wonderful task of telling the story of Australia's first saint, Blessed Mary McKillop. She has been asked to speak to many varied groups including Rotary and other service clubs and will spend time on Tues. 12th Nov.- sharing, reflecting and praying on the life of Blessed Mary McKillop. Please feel welcome to come and hear about this Holy woman and how our lives can be inspired by her example.

\*CONFIRMATION

Will be celebrated at Lancefield on 17th November at 3.00pm.

\*ADVENT REFLECTION DAY
Wednesday 27th November 10 - 2-30pm Presbytery, 27 Chauncey St, Lancefield. BYO Lunch John Stuart will facilitate. This is a preparation for Advent, an opportunity to stop and consider our closeness to Our Lord at this special time of the liturgical year. \$5 donation Enquiries please ring Sr. Frances 291 582 Presbytery 292 130

MASS OF ANOINTING

Friday 22nd November. At Karinya in Lancefield. 11am For transport assistance call the Presbytery 292 130

ST MARY'S PARISH 90 YEARS CELEBRATION

A celebration for the 90 years of parish life will be held at the 10.00am Mass at Lancefield on November 8th. There will be an historic display and morning tea after the Mass. We thank our generous God for the gifts of such beautiful countryside in which to live and the Faith of our Fathers which is alive and vital in 1996. Come and join in the celebration!

#### At St. Mary's Church Hall Saturday 7th December GARAGE SALE

\* CHILDREN'S LITURGY

For children who are in Grade 4 and below, Children's Liturgy will take place at each 10 o'clock Mass. \*The Holy Name Of Jesus Charismatic Prayer Group of Lancefield and Romsey offers intercessory prayers for individual or family needs. We intercede for these needs during our evening meetings at the St. Mary's school hall, Romsey. The words of Our Lord Jesus Christ give us the confidence that our prayers are always heard, "For wherever two or three gather in my name, I shall be there with them." If you would like to request prayers, please write clearly, no names necessary, and address it to: The Holy Name Of Jesus Prayer Group, 57 Metcalfe Drive, Romsey.

> PRAISE TO THEE MY LORD FOR ALL THY CREATURES ABOVE ALL BROTHER SUN

WHO BRINGS US THE DAY, AND LENDS US HIS LIGHT. LOVELY IS HE, RADIANT WITH GREAT SPLENDOUR

AND SPEAKS TO US OF THEE

O MOST HIGH from 'Canticle of the Sun' St. Francis of Assisi (1181 - 1226)

DEAR RESIDENTS OF ROMSEY...There is going to be a petition in Riteway, Romsey Newsagent and Romsey Book Exchange to request the Premier's Department to clean up our FIVE MILE CREEK. Western Water claim no responsibility nor does the Macedon Ranges Shire so please help get the creek cleaned up to benefit the whole look of Romsey. A petition has already been put forward by landowners concerned by the state of the creek but we need your help also....Please sign the petition...

#### ROMSEY FIRE BRIGADE - LADIES AUXILIARY

1. Fire Awareness Week - Art Display - Sponsored by the National Australia Bank - Romsey,

Myles McNair

Second

Eleanor Duggan

Third

support.

Jacon Walker

Highly Commended Emma Francis

Highly Commended Shelley Marshall 2. Ladies Auxiliary - New Office Bearers:

Mrs. Beryl Cole

President Secretary

Treasurer

Reserve Officer

Mrs. Joan Sparkes Mrs. Leonie Armistead

Mrs. Gwen Crossman

Thank you to Mrs. Helen Watts and Mrs. Eveline Hoctor, retiring Secretary and President for their efforts and

St. Mary's School

St. Mary's School

St. Mary's School

Bolinda Primary School

Romsey Primary School

3. Christmas Break-Up:

The annual Christmas get together is planned for the 7th December, 1996. Please keep this date free - venue to be arranged.

4. Art Show - 1997:

1st March, 1997, is the date arranged for the Annual Display of Paintings by the Romsey Artists - so make a note of this date - put it on your fridge and DON'T FORGET!

#### NEED SOMETHING DOING **AROUND THE HOUSE** OR FARM?

MAINTENANCE WORK, REPAIRS, AND ODD JOBS OF ALL TYPES CARRI OUT PROMPTLY AND EFFICIENT



**SPECIAL RATES FOR PENSIONERS** AND OUR ADVICE IS FREE!

Phone us TODAY for a quote!

JOHN: (054) 296 170

GREG : (054) 295 335

SATURDAY, 7TH DECEMBER ALL AGES - NO ALCOHOL - BLOODDUSTER - ABREMELIN -SCHLONGHOLSTA - SEETHING - WROTHED - PILLOW - BLEAK

Proceeds to Gisborne After Dark Inc. - JJJ and RRR Giveaways - 4.30p.m. till 11.30 p.m. \$8 at the Door.. Basketball Stadium, Tony Clarke Reserve, Waterfalls Road, Macedon - Buses to and from venue -For further information please ring 295 372...